

Say 'cheese'

Conestoga student Sharon Schneider is photographed for a Kitchener Transit bus pass. The four-month passes sold for \$140.

(Photo by Penny Dibben)

Students find seats scarce

By Karen Neath

Attendance has taken on a new meaning at Conestoga College, with so many students in some classes that there aren't enough seats.

The shortage has created the biggest problem in computer-oriented courses.

The problem is campus-wide, but business students are feeling the tightest squeeze.

"The (college) advertising has paid off and we have more people than we anticipated," said Sharon Kalbfleisch, dean of applied arts.

Kalbfleisch said the overflow of students is something that will not be a long-term problem.

"My message to students is, please be patient," said Kalbfleisch.

Kalbfleisch, Grant McGregor, dean of business, and Tony Martinek, principal of the Doon cam-

pus, met Sept. 12 to discuss the problem.

"We need to find out the magnitude of the problem," said Kalbfleisch. "In two to three weeks the drop-out rate might pick up."

The campus is always busier the first month of a new school year. Returning students will remember last year's parking crisis and that cafeteria seats are easier to find in October.

Kalbfleisch said the school's acceptance policy has not changed. Each college program accepts more students than it can accommodate because usually a certain percentage don't show up which classes begin.

"That just didn't happen this year," she said.

The attendance rate this year is unusually high, "possibly because of the economy," said Kalbfleisch.

Kalbfleisch, McGregor and Martinek are trying to solve the

problem temporarily until they have more information on the size of the seating shortage.

They will see if any additions to classroom furniture can be made to help accommodate the extra students, or if room changes can be made.

"If there is a classroom that holds 45 and there are 22 students using it, then we'll see if we can put those 22 students in a smaller room and use the bigger classroom for a larger class," said Kalbfleisch.

"Possibly, there is a little bit of panic but we want the students to be happy and successful," she said. "We won't brush off their concerns. We will do what we can to help."

Meanwhile, at the Guelph campus, classrooms are not overcrowded this year, said the Guelph campus administrator. Classes are not filled to capacity, but are filling up, said Joyce Uberg.

Parking ticket queried

By Bill Doucet

Journalism student Sarah Bowers experienced a magic act that makes David Copperfield look as impressive to her as pocket lint. She saw a \$17.95 parking ticket become a \$350 tab for taxpayers in five minutes.

Bowers, said "the show" started in June when she received a notice stating that she had failed to pay a college parking ticket and would have to appear in Kitchener provincial court in August.

Bowers contends she never received a ticket and couldn't understand why she would get one because she had a parking permit. When she showed security supervisor Jim Brady the proof of pur-

chase for her permit, he told her someone must have stolen the ticket and no one would appear in court to testify against her.

Bowers said that after an hour's drive from her home in Mount Forest to attend court, she was surprised the hearing went ahead.

But she showed the judge her proof of purchase and the permit. Brady insisted he didn't see the permit when he looked at the car.

The judge ruled in favor of Bowers because of the evidence.

"It would have been cheaper for me (in terms of gas mileage and effort) to pay the damn parking ticket . . .," she said. "Mine was a five-minute case and it cost \$350 (in court costs)."

Bowers said she was surprised

security took her case to court because it wasn't of great significance.

Brady said the problem is that after seven days, if a ticket is not paid, the violation goes to court. He said in the past he's tried to have tickets voided because the circumstances were forgotten or from misunderstandings, but to no avail.

"Our hands are tied. Provincial law says we have to follow through with it," he said.

Brady said the judges and prosecutors do not want to pursue the cases, but they don't have a choice. He agreed the \$350 was a high price to pay for a small case.

"But once (the ticket) gets to a certain state, we can't avoid the process," he said.

Food prices go up by 6 or 7 per cent range

by Marianne Brooks

Students are paying increased prices for cafeteria food this year, with most increases in the six to seven per cent range, according to Jackie Van Trigt, unit of manager of Beaver Foods at the Doon campus cafeteria.

Prices usually increase every year about this time, she said. The district manager of Beaver Foods makes a suggestion to the college about possible price increases, and the college then ap-

proves or disapproves of these changes.

The price increases aren't targeted at any certain type of food. Both junk food and nutritious food have been affected.

Van Trigt said junk food isn't targeted because she feels there is not a lot of it sold in the cafeteria and she can't force students to eat nutritiously. Van Trigt said there is nothing wrong with a bag of chips for a snack as long as students aren't eating them for every meal.

Martinek takes on third hat due to cutbacks

By John Ruetz

Because of budget cutbacks, Tony Martinek, principal of Doon campus and dean of the school of engineering technology will temporarily take on a third hat — head of engineering technology.

"I'm going to replace Paul Kurtz, the former chair. I just get an additional function, that's all," said a casual Martinek as he tried to get settled into his new office in 2A59 in the technology wing of the campus. Kurtz decided to step down from the chair's position to return to teaching mechanical engineering technology courses at the college.

Martinek agreed to take on the new position until the end of March after reaching an understanding with college president John Tibbits.

The college's projected operat-

ing deficit of about \$750,000 for the current school year is one reason for the dual and triple roles some administrators have to carry.

"In this fiscal year we have to be very careful," Martinek said. "The obvious and main reason for doing things this way is you are reducing costs."

"Everybody is doing whatever is humanly possible to help reduce the deficit . . . We have decided to reduce that amount without jeopardizing the quality of education in our area."

As principal, Martinek usually answers any off-campus inquiries, from programs available to questions about the Sept. 11 power failure at the college.

"As principal I represent the campus to the outside world," said Martinek. "I have to deal with things of this nature."

Ensuring the campus learning

resource centre and administrative support office operate efficiently are also his responsibility.

As dean of engineering, Martinek reports directly to Tibbits on how technology programs are functioning.

Assuming the chair of engineering technology, supervising the technology program co-ordinators and reporting to the dean means Martinek "will be wearing three hats", as some technology staff and faculty have said.

Martinek will become more closely acquainted with the program co-ordinators as chair of technology, while retaining his dean responsibilities.

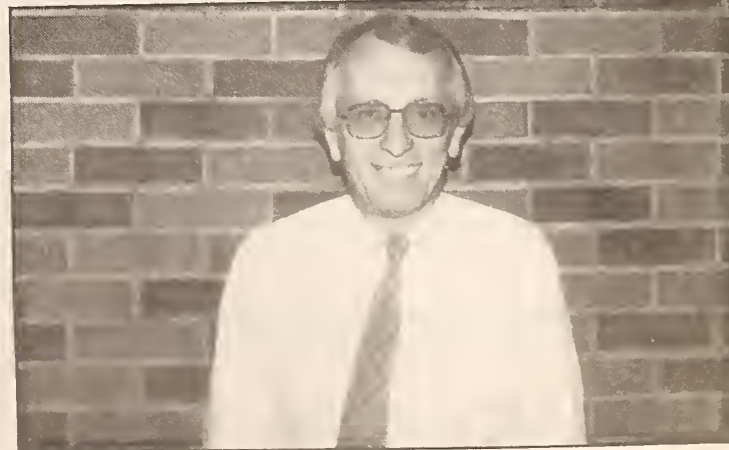
He admits having to fulfil two technology administrative functions will be demanding. "It will require long hours. But I am pleased to see a great level of support from faculty and program co-

ordinators for myself" in this position, he said.

About 850 students in 10 programs will be affected by this change in administration. All technology programs on the Doon

campus, including the woodworking and Detweiler centres, and the

welding program at the Guelph campus, will now be under Martinek's direct supervision.



Tony Martinek

Photo by John Ruetz

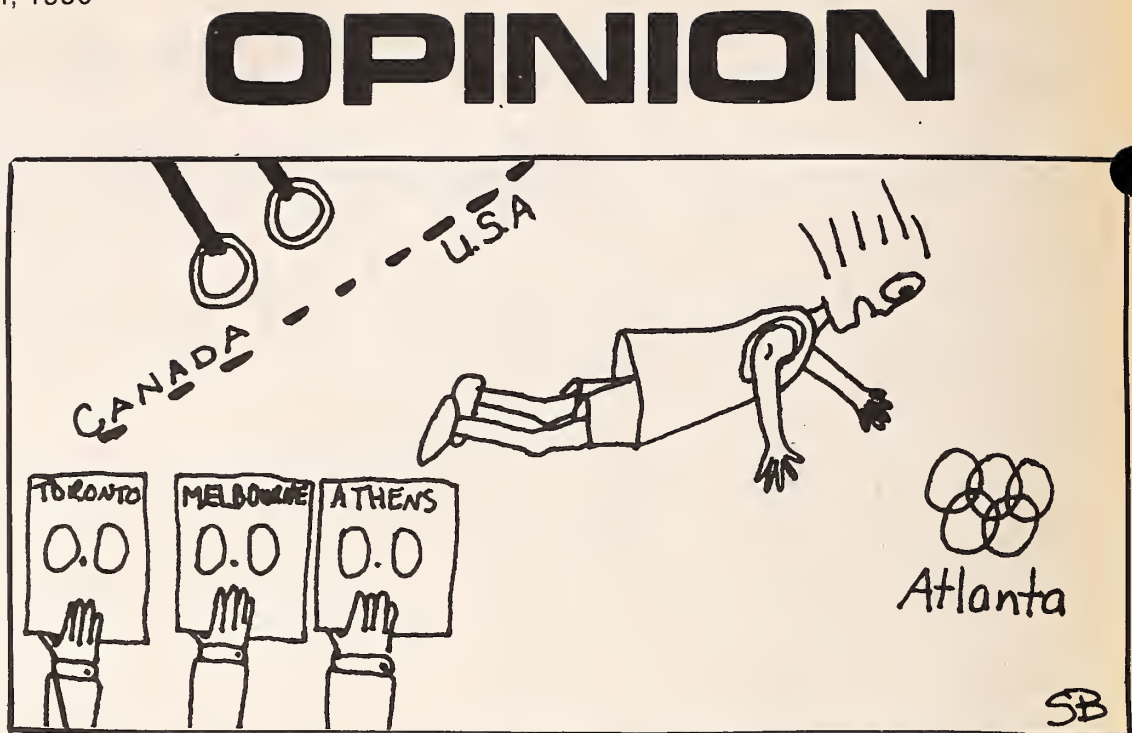
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Drug problems need enlightened approach

Indifference is not an option, it seems, when it comes to the insistent hysteria that drug use should not be tolerated. Individuals must rise in moral self-righteousness at the mere thought of drug use.

A schism of hypocrisy is not only prevalent in individuals but in cultural conventions. On the one hand, certain drugs are deemed legal, while others are controlled substances. Yet others are associated with criminality. Most are distributed for profit — alcohol, caffeine, illicit drugs, medication and nicotine.

What lurks behind this bogus war on illicit drugs is disquieting because this war is neither effective nor planned to succeed. The economic and social costs of investigating narcotic distribution and consumption has further trampled human rights by requiring many employees to give blood and urine samples to prove their competence.

Perhaps even more frightening than the increased control over individuals' bodies is the moral imperative of the war on drugs.

The political response in Canada and the United States has been the failed approach of drug restriction. Such tactics aggravate the mystique of drugs, creating further demand.

The only thing prohibition does is to drive up prices for illicit drugs. It attracts more entrepreneurs to the underground market and forces addicts to resort to crime to finance their purchases.

A more enlightened approach to the drug problem is needed. Such a move would require a decriminalization of many illicit drugs.

The assurance that addicts did not get their supply from the underground market, where substances are often adulterated or contaminated, but rather through medical auspices, and the demystification of drugs through education that examines the ignorant and imprudent ways in which drugs are used and society's attitudes towards the user, are needed.

Just say no to drug hysteria.

—by P. Hohnholz Gesiarz

NDP must now live up to promises

In the wake of their surprising victory over the Liberal government, the NDP have found themselves having to live up to the promises they have made through the years.

The NDP have promised to change car insurance, clean up the environment and better the condition of Ontario hospitals. One has to wonder if the NDP only made these promises because they never thought they would win a majority government.

Now that they are actually in power it will be interesting to find out how they propose to fulfill these ambitions. If they don't make any changes, they will look like sellouts to the people who have supported them since the beginning. If they do make the changes they want, they will need to raise taxes, which would not please the average voter.

The NDP seemed to have talked themselves into a corner and Ontario residents should not expect a drastic change in the way

Ontario is being run. With the province already in an uproar about the new GST (goods and services tax), it would be political suicide for the NDP to raise the sales tax any higher in Ontario.

Another question about the election is whether or not the NDP were voted into office because the people of Ontario supported their policies or because the province was sick of the Liberal and Conservative parties. The answer to that would greatly predict Ontario's willingness to accept the changes the NDP want to make.

As good as the NDP's plans to increase social assistance, develop a different policy for car insurance and clean up the environment might sound, the money to pay for these changes will have to come from the taxpayers' pockets. A price that most people of Ontario are not prepared to pay.

—by John Volmers

Fire was genuine cause for alarm

Where were you when the lights went out? This reporter was powdering her nose when the Sept. 11 blackout hit Conestoga College.

After sitting in the dark for several minutes contemplating how they accomplished this feat in the 'Dark Ages' (the olden days, before running water and electricity), the realization struck that the lights were out for good.

While risking life and limb to escape the 'black hole,' the faint ringing of an alarm sounded in the distance.

Panic began. There must be a fire, I thought. With the lights out and alarm not ringing on the third floor (the location of the great adventure), it seemed the fire must be close and the alarm system destroyed.

With heart pounding and palms sweating (you are also reading about a major chicken) the mad

dash was on. Everyone else to safety and this reporter to her worldly possessions on the fourth floor.

This account of events on the day the fuse blew, putting Doon campus in the dark, may seem comically exaggerated to those witnessing the event. You need to have experienced the washroom events to understand the accurate account this presents.

College security staff said students didn't need to be evacuated that day. Obviously, the several hundred who heard the distant alarm thought differently.

Who decides the safety of the students? It's our right to be instantly warned of any chance of danger or threat to our well-being. That alarm should have sounded throughout the entire campus.

—by Karen Neath



A philosophical harvest

by Penny Dibben

Fall is a wonderfully satisfying time of year; a time to appreciate nature's bounty and to prepare for the winter ahead.

There's nothing like a vegetable garden to make you appreciate nature's abundance. Every fall I get a warm, cozy feeling as I put away my own produce for the winter. I like knowing that I grew it myself, basking in the illusion of self-sufficiency.

Since I have grown the vegetables myself, I know they haven't been sprayed with any objectionable chemicals. And I know they have been frozen or stewed just moments after they came out of my garden.

Best of all, when winter comes and my garden is no more than a fond memory, I'll be able to dig something out of the freezer when everyone else is eating pathetic-looking, so-called lettuce or tomatoes from California or Mexico.

Gardening is such a mysterious process. In the spring the young seedlings thrust aside the earth lying over top of them. Then the young plants themselves appear, pushing skywards through the gap they have created.

Even though I have witnessed the birth of my garden over a number of seasons, every time it seems fresh and new, and I feel a sense of wonderment and awe.

And even after those early days in the spring, gardening remains mysterious. You never really know why broccoli grew well this year, but not last. Or why the lettuce grew to a decent size, but quickly turned brown.

Actually, this mystery is a large part of gardening's appeal. It reminds us that humans are not omniscient or omnipotent. It reminds us how small we really are and that there are forces beyond our control and understanding.

I'm not really much of a gardener; I'm a half-hearted, haphazard one at best. Yet my garden forgives my neglect and rewards me with incredible generosity.

Last year on a plot about 40 feet by 40 feet, my husband and I grew carrots for the whole year, potatoes and onions for about six months, as well as a decent freezer supply of beans, green pepper and broccoli. That's not counting the produce we ate fresh throughout the three or four months of the growing season.

This time of year, I am trying to cope with enormous quantities of tomatoes. Every week or so, I stew some for canning, but, like an insect infestation, they just keep coming.

I try desperately to give them away — to friends, family, neighbors, just about anyone at all. I haven't pressed them on complete strangers, but it may come to that.

But abundance does have its drawbacks. Earlier this week as I was stewing some tomatoes for canning, I felt good knowing they would be available in the winter. But another part of me groaned and thought "Oh God, not more of those little blighters."

Letters to the editor

We appreciate letters to the editor but we reserve the right to edit them. Please limit letters to no more than 300 words and sign with your name and program. Write to: Spoke, 299 Doon Valley Dr., Kitchener, Ont., N2G 4M4.

You tell us

How would you improve your program?



Redesigning of the schedules. Marketing students get one day off each week and we don't.

Geoff Kroeger, management studies, yr. 3

I would keep the rooms open later.
Scott Watson, construction engineering, yr. 1



I wish students would adopt a more professional attitude.
Bruce Gray, broadcasting, yr. 2

To see them updating the facilities would be nice.
Bridget Lanbert, accounting, yr. 1



They should have bigger rooms and group the classes closer together.
Kurt Hanke, business administration, yr. 1

There should be better representation outside the college.
Cy Gray, construction engineering, yr. 3



An easier workload, but it's probably not possible.
Jennifer Lautenschlager, nursing, yr. 1

Program in woodworking reaches full class capacity

By John Ruetz

For the first time, a full capacity of 96 first-year students have enrolled in Conestoga's fledgling woodworking technician program, said the chair of the woodworking centre.

Achieving first-year class capacity when the centre is in its third year has pleased Grant Glennie, who said he wants to utilize the new teaching facility to its full potential.

"We have by far the most advanced woodworking facility, and the most space" for any college woodworking training facility in Ontario, said Glennie of the \$6-million centre.

Sixty-two students enrolled in the first woodworking technician class two years ago, one month after the centre was completed in August 1988. Ninety entered the two-year program last fall before a full capacity — a goal of the former woodworking chair, Len MacDonald — was reached this year.

MacDonald, said Glennie, "could see there were not enough people in the program to fulfil in-

dustrial needs."

MacDonald also recognized that "the program should be geared more towards individualized cabinetmaking and less factory teaching, mass production," said Glennie.

Glennie credits this personal approach to teaching woodworking skills as a main reason why interest in the program has increased.

Students learn to design, build and finish their own projects, allowing them to take more pride in their work, and attracting more students to the program than before. The high-tech equipment available also helps bring in quality students.

"We have the highest level of student enrolment that we've ever had since the program started when the college started back in 1968," Glennie said. "A lot of people find it very satisfying to make their own furniture, or whatever they want."

Most of the students in this year's incoming class are Grade 12 graduates. Some mature students making career changes, plus a couple of university graduates with unrelated degrees (like geology), constitute the class of 96 who have

come from across the province.

Mary McElwain, the woodworking centre's administrative assistant, has noticed students feel a little isolated from the rest of the Doon campus because they are in a separate building.

"Some of the students feel more a part of the golf course than the campus because it (the Doon Golf and Country Club) is right next door," said McElwain.

The previous woodskills shop area was renovated last year and now contains the college's co-op education and placement services, human resources and other departments in the technology wing.

Two new teaching faculty have been added, which, according to Glennie, will benefit the program greatly.

Bernie Freeze, a German-trained cabinetmaker, will bring his expertise to the second-year woodworking classes.

A graduate of the woodworking technician program, Dennis O'Reilly, has joined faculty after working for a furniture manufacturing company in Stratford. He will be instructing first-year woodworkers.

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Sorry, we goofed
Lisa Long, from last week's question of the week, is in year 2 nursing, not year 1.

Pub staff under scrutiny

By Penny Dikken

A student who thought pub staff at the pond party Sept. 5 were drinking free beer is mistaken, said pub manager Peter Waters.

Pierre Lapointe, a second-year mechanical engineering student, said in an interview "I got the impression the whole staff were drinking beer free, it was the image I got."

(In a story in last week's edition of Spoke, Lapointe questioned whether, at the same pub, Doon Student Association president John Lassel paid for a beer he gave to a college administrator. Lassel said he paid for the beer at the end of the pub.)

"I am not being vindictive," said Lapointe. "I saw something potentially wrong that maybe needs to be looked into."

"Where there's opportunity, there's likely to be abuses, like last year," said Lapointe, referring to a college pub March 29, when about four cases of beer and two bottles of liquor went missing.

According to Waters, pub staff are not allowed to drink beer, even if they are on break. They are, however, provided with free pop. This represents a departure from last year, when staff were permitted to buy beer or liquor on their breaks.

Waters said assistant pub manager Al McPherson is acting as bar captain this year and is permanently stationed behind the bar during pubs.

"He keeps an eye on staff, though there is not much of a concern that way," Waters said.

He said McPherson also watches

to see that there are no freebies given away and that tokens are received before drinks are handed over.

Waters said he remembers one staff member drinking ginger ale the afternoon of the pond party and that it might have looked like beer to an observer. Waters said he checked to see the drink was in fact ginger ale, and also told the employee to stick to dark-colored soft drinks to avoid giving the impression of drinking beer.

"It is not worth the hassle," to have people mistake a light soft drink for beer, said Waters.

He reminds all pub staff before every pub that they are not to drink alcoholic beverages, said Waters,

and that they should stick to white or dark-colored soft drinks.

Lassel echoed Waters comments about the monitoring of pub staff.

"People are watching everything," he said, adding: "I feel very comfortable with the system we have set up now."

Meanwhile, pub staff were late getting paid. They were to have been paid Sept. 10, but Waters said he wanted to wait and pay them at the same time he handed out the new pub shirts, probably by Sept. 17.

Waters said the DSA picks up half the cost of the shirts, with staff paying the other half. When staff receive the shirts, they will, in effect, be receiving pay cheques.



Pub manager Peter Waters

(Photo by Penny Dikken)

ATTENTION 1991 BUSINESS GRADUATES



GRAD PHOTOS Oct. 1 - 5, 1990

Please send a representative from your class to the DSA Activities office to pick up information and an appointment schedule.

Send a rep. to the Activities Office by Sept. 25, 1990.

Student housing plentiful

By Karen Morrison

Student housing is abundant, with not enough students to fill all the places registered with the college, according to Myrna Nicholas, a student services staff member.

Nicholas compiles a list every year from the people who call with apartments or rooms to rent. This year there are more people who applied than there are students looking, she said.

Nicholas said 300 people applied to have students in their houses with as many as four students in each place.

There has been an increase in the number of people applying and in the number of students in each residence. Last year there were 227 people offering to rent rooms to students.

The increase could be because of the economic situation in the area and because of more construction between central Kitchener and Cambridge, according to Nicholas.

The area between central Kitchener and Cambridge is convenient to students because of the nearness to the college and people are taking advantage of this.

Even though there are more places available, the rent prices for these places are the same as last year, she said.

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Meet the DSA Manager says job demanding

By Stephanie Doucette

The Doon Student Association probably wouldn't run the same if business manager Phil Olinski weren't around. He's been at the Conestoga College Doon campus for 7 1/2 years, and says he finds the position of DSA business manager both challenging and enjoyable.

"Well, I guess in a nutshell, my responsibilities on a day-to-day operation range. I issue long-term stability and hopefully a high level of continuity from executive to executive, and there are many facets to work with," said Olinski.

Olinski performs many tasks for the DSA. He looks after the performance and feasibility studies, the approval of purchase and validating incoming invoices, and co-ordinating and implementing so he can ensure an effective pub operation.

His is a salaried position, and he works under a contract reviewed annually.

"I took the job because when I graduated from the management

studies program, this was a new position and new concept. I liked the nature of the program because I found it to be very intriguing."

Olinski's education goes back to his days as a student of Conestoga's business administration management studies program, to graduating from the Canadian Institute of Management. In addition, Olinski takes continuing education courses to stay current in office administration practices.

"The job is very demanding. It swings around every year. From Sept. 1. until the end of April, it quite literally is a matter of survival. You have to meet the students needs and sometimes this can be very strenuous. It taxes your abilities and energies."

On the other hand, Olinski said, "From May until September you can start to work on some long-term projects, and you can get the incoming executives acquainted with their position, so that when the students start to come back in September we can function as a very effective unit."

The DSA isn't all Olinski has on

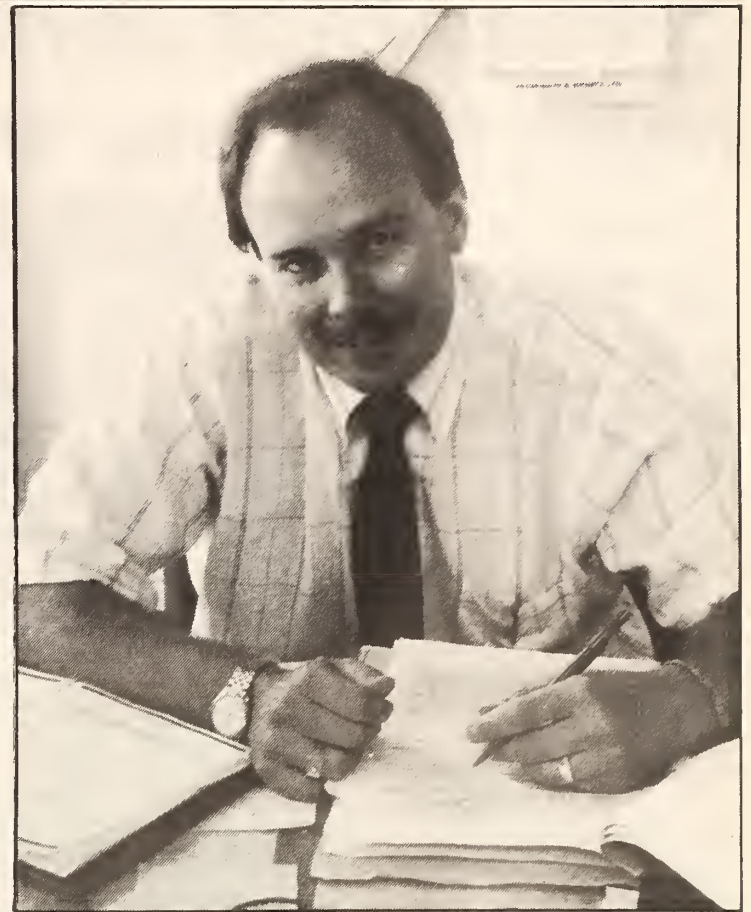
his mind. He is also a hockey referee, where he said he meets good people and has a good time as well.

He is also the supervisor of officials for the Ontario Hockey Association.

"Being the business manager enables me to meet many new people and make lots of friends . . . but, when you leave here, it doesn't mean that they stop being your friends."

With the job come many frustration and differences. The students seem to give Olinski the greatest amounts of satisfaction, but they are probably the most frustrating because each has individual needs.

"I try to be as sensitive to that as possible, to ensure that the students' years at Conestoga are the best years of their lives. The frustration branches out in different directions. Some of it is born because I'm not able to meet their needs all the time. The frustrations on the other end are because the demands are unrealistic



DSA business manager Phil Olinski

(Photo by Stephanie Doucette)

Part of a continuing series

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Upcoming Events

Sept. 24. Tickets go on sale for Conestoga
College Oktoberfest Night at The Twist

Sept. 25. Dead line for Business Student Grad
Photo. Reps to pick up schedule for Grad Photo

Sept. 26. Board of Directors Meeting Room
location to be announced.

Sept 26. Red Cross Blood Donor Clinic Student
Lounge
10:30 a.m. - 3 p.m.

Oct. 1 - 5. Business Students Grad Photos

Oct. 2. DSA Open House

Oct. 3. Free Nooner in Caf. 11:30 a.m. featuring
"Johnny Toronto" comic juggler.

For more information please contact the DSA
Activities Office in the Cafereria.



College Blue Jays fans watch team lose to Orioles

By Sarah Bowers

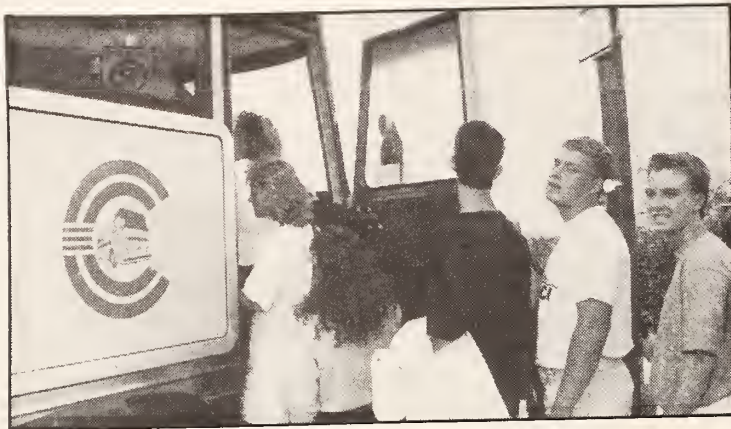
Approximately 47 people paid \$15 for a bus trip to see the Toronto Blue Jays play the Baltimore Orioles Thursday, Sept. 13. The Doon Student Association subsidized the trip, paying \$5 for each person.

Similar trips have been offered for several years, according to Cheryl Davenport, activities co-ordinator for the DSA. Alcohol was not allowed on the bus, in compliance with the driver's rules, she said.

Students making the trip were enthusiastic.

"I'm going to meet people and I've never been to the (Sky)Dome before," said Tonia Lussa, a first-year general arts and science student.

Cindy Greenaway, also a first-year general arts and science student, said she was going because



Blue Jays fans board the coach

(Photo by Sarah Bowers)

"I haven't been to the (Sky)Dome either and I like the Blue Jays."

The students watched the Blue Jays go down to defeat 5-3 to the Orioles, leaving the team four games behind leading Boston at the end of the evening.

Davenport said she was pleased all the tickets were sold before the

Sept. 11 deadline. Such interest may encourage other special events. Davenport said a trip to see the National Football League's Buffalo Bills and another Toronto trip to see one of the Jays first home games of the new season next spring are possibilities, depending on feedback from students.

Futures opens doors

by John Volmers

After closing it for the summer, Conestoga has reopened its Cambridge branch of the Futures program and is hoping for the same success as in previous years.

The program, which started in 1985, is designed to help unemployed youth gain full-time employment through such methods as pre-employment preparation, employment counselling, work experience placement with on-the-job training, support for educational upgrading and post program follow-up.

While in the program, the students will learn how to develop a career plan and job search strategy and receive the skills they will need to enter the work force or receive further training.

Gord Griggs, co-ordinator of the Futures program at Conestoga College, said that about 48 students sign up for the 16-week course yearly and about 85 per cent of them are successful in either finding a full-time job or getting the opportunity to receive further education.

Griggs said that he hopes the program will "prepare them for work and encourage them to stay at work."

"If they want to change jobs they will know how to approach an employer," Griggs said, speaking from his Cambridge office.

As well as the career development classes, Futures also offers classes in communications and mathematics. The communications course enables students to increase their skills in such areas as reading, writing and oral skills. The math course deals with basic math subjects such as geometry and algebra as well as more practical skills like retailing and investment.

The people who join the program are paid \$125 per week for the 16 week pre-employment preparation and are then sent into the work experience component, which enables them to get actual on-the-job training. After that they are encouraged to either join the work force or seek further education.

Not everyone, however, is eligible to join the program. Applicants have to be between 16 and 24 unless they are disabled, in which case the age limit is 29.

Applicants must also have been out of work and school for at least 20 consecutive weeks before they will be considered for the program.

VIDEO PRESENTATIONS AND DISCUSSIONS sponsored by Health Services

Every Wednesday, Room 1C13, 11:30 a.m. to 12:30 p.m.

Wednesday, September 19, 1990

Video: Living on Social Assistance

Children (Adult Children) of Alcoholics

General discussion of influences which affect our Psychological Health and the Community Resources that may be of assistance.

Wednesday, September 26, 1990

Presentation: Nutrition and Shopping for the Best Value from our Dwindling Dollar.

Wednesday, October 3, 1990

Video and Discussion: Prescription Drugs - Uses, Side Effects and Abuses

Wednesday, October 10, 1990

Women's Health Issues

Video: Brest Self Examination

Alcohol Use Amongst Women

Discussion: Health Care Issues and Community Resources for Women

Wednesday, October 17, 1990

Video: The Stress Mess

The Joy of Stress

Discussion: Coping in Today's World

Wednesday, October 31, 1990

Video: 48 Hours on Crack Street (1.5 hrs)

One of the worst crises affecting North American Society. This is an excellent video and a must.

Wednesday, November 7, 1990

Video: Immunization

Discussion: "But I Don't Need to Have A Booster, I'm an Adult" and other Vaccine fallacies.

What's this new vaccine for meningococcal disease

Should I be getting a Flue Shot



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TUTORS HAVE SAID

"Gained confidence in myself"
"Satisfying seeing the improvement in student's marks"
"Great experience"

Information and applications
available from student services

Application interview deadline
Sept. 27

Cafeteria rules unenforced

By Marianne Brooks

School has started again, and with it comes rules and promotions for students eating in the cafeteria at the Doon campus.

One policy of Beaver Foods has to do with the microwave. Only students who buy food from the cafeteria are permitted to use it. There is no penalty for unauthorized use of the microwaves and staff are always lenient towards anyone who breaks this policy, said Jackie Van Trigt, unit manager of Beaver Foods at Doon

campus.

If someone uses the cafeteria microwave without purchasing food, the cafeteria staff explain the policy and ask the offender not to do it again.

Another policy deals with card playing during the peak hours of cafeteria use between 10:30 a.m. and 1:30 p.m. During this time students are asked not to play cards because people are trying to find a place to eat. Van Trigt said this is only common courtesy towards others and is not a policy that is enforced.

"It is easier to sit in hallways to

play cards then to sit in hallways to have to eat," Van Trigt said. The calendars students receive also make the same request. Beaver Foods has joined the recycling movement by selling "Enviro Mugs." Van Trigt said there has been interest in the plastic, reusable mugs which have been available since the second week of September.

When people purchase the mug they also receive a coupon for a free cup of coffee, said Van Trigt. Then whenever they buy additional coffee they pay for a small cup instead of a larger size.

Rafting the rapids

By Scott Brady

The question, "So what did you do this summer?" will probably be asked endlessly among returning Conestoga College students this month. Many students being asked that question, unfortunately, will have to let their creative imaginations run wild in the hopes of making their annual trip to Canada's Wonderland or the CNE sound as unforgettable and exciting as a walk on the moon.

Glen Dodsworth, a third-year management studies student at Doon campus, doesn't have to test his exaggeration skills. He and at about 48 other students and friends spent last summer sailing through the Ottawa River rapids in a large inner tube.

The sport is called white water rafting, and for the past eight years, Dodsworth has been a self-proclaimed white water rafting enthusiast.

Although some people think this activity should be restricted to daredevils and thrill-seekers, Dodsworth took time out from his studies to dispel some of the misconceptions about the sport and recall his own experiences.

"I like doing this, because you feel a thrill of doing something reckless, that you don't normally do," he said.

According to Dodsworth, white water rafting, contrary to popular belief, is a well-organized activity, with special clubs holding planned trips down rivers. Dodsworth has worked part-time every summer for the last nine years at the River-Run White Water Rafting Club, which is the same club he was at this summer for the Ottawa River trip.

Dodsworth said the emphasis is on safety. Six boats travel down the rapids, with a trained guide in each boat. All rafters are equipped with paddles, helmets and life jackets, and someone in a kayak follows behind to retrieve anyone who falls out.

He said that doesn't usually happen, and added that every person is briefed before going on the trip as to what to do in case of such emergencies.

Dodsworth admitted he takes these trips mainly to experience the rapids, which like hurricanes, have individual names.

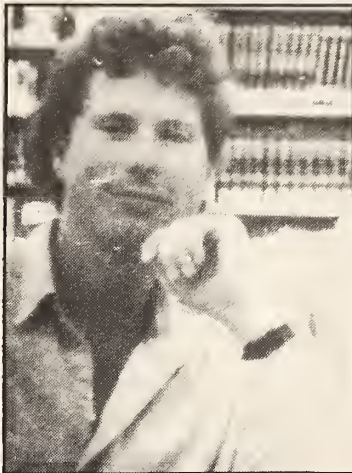
"The Phil's Hole rapids on the

Ottawa River is one of my favorites," he said. "You have three giant waves that crash against your boat one after another."

Dodsworth has also white water rafted in British Columbia, along the Thompson and Fraser rivers.

He also enjoys windsurfing and kayaking. White water rafting, though, remains his first love and he urges other people to try it.

"Some of my student friends went with me last summer for the first time, and now they can't wait to go again next summer," he said.



(Photo by Scott Brady)

Glen Dodsworth



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1990-1991**



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Conestoga College Oktoberfest Night

Reminder

**Buy your Conestoga
College Oktoberfest
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**First come first
serve basis.**



Conestoga College Oktoberfest Night

Ticket Selling Procedures

Maximum of 200 tickets per day will be sold beginning Wednesday, September 26, 1990.

Limit of 4 Oktoberfest tickets per person.

A numbered ticket will be given to those in line, beginning at 9:00 a.m.

It can be redeemed to purchase a maximum of 4 Oktoberfest tickets by noon. Following this time the numbered ticket will expire and the Oktoberfest tickets will be sold on a first come first serve basis.

No refunds.

SPORTS

Pitcher expected to lead women's softball team

By Bill Doucet

Ron Taylor, the women's softball coach, is looking for newly-acquired pitcher Julie McNabb to lead his team on and off the field.

McNabb played for the Kitchener Kieswetters in the summer and has the experience to guide the younger players, which will be necessary with the loss of all-star pitcher Sandra Moffatt.

"She's a real good defensive ball player," he said. "Julie's pitching at the same calibre as Sandra (Moffatt) did. Sandra could only pitch, where Julie is one of my best defensive infielders and one of my best hitters right now. All around, Julie's probably better than Sandra."

But Moffatt's shoes are hard to fill as she's been the best pitcher in Ontario Collegiate Athletic Association (OCAA) for three consecutive years.

Taylor has only five players returning from last year. They are Tracy Snedden, Tracy Gimby (both played for the K-W Civitans in the summer), Michelle Drury,

Jennifer VanDerZwaag and Michelle Godin.

But Taylor said that mixing them with two new speedsters in the outfield, Donna Ferraro and Sue Hubert, makes his team strong at every position.

Taylor has had a problem finding players for his team. He had 40 women out for the first practice but the next one was rained out. He couldn't call them to tell them when the next tryout was, because he didn't have their phone numbers, and the women must have thought they were cut from the team, he said.

"There were at least three ball players that were out the first night that I wanted to keep and I haven't seen them since."

Taylor admits that it will be tough to win the championships this year — they won the OCAA gold medal the last two years — but he thinks the team's chances are good.

"We're definitely one of the teams to be watched, I think we're going to be right in there."

Taylor did admit that there are a couple teams that will set up

roadblocks on the road to the championship.

"Durham came on strong at the end of last year. They look like they're really well coached. Seneca has been a strong team for years. But I don't know how many (teams) are losing players."

Taylor can be called the Whitey



Dana McDonald practises the slap-bunt

(Photo by Bill Doucet)

Herzog of softball. He stresses the basics and will rely on team speed to produce runs.

"I've got a quicker team than I had last year. I do a lot of steals, teach them how to bunt and slash bunt. As soon as we get someone on base we're going to make things happen."

Taylor got a chance to try his softball formula in a one-day exhibition tournament at Durham College on Sept. 14.

The Condors dropped the first game 5-3 to Seneca College but bounced back with a 9-0 pounding of Loyalist College.

In the game against Seneca, Donna Ferraro, Tracy Gimby and Julie McNabb collected two hits

each. McNabb was the losing pitcher, allowing five runs on nine hits.

Ferraro and McNabb also led the offence against Loyalist College. They had three hits each and Ferraro had two stolen bases. McNabb was the winning pitcher, throwing five innings and allowing only five hits. Jennifer VanDerZwaag came on in relief for the final two innings.

Westman said the team looked good in the exhibition games and it gave the coaches a chance to experiment with players in different positions.

"We have some good hitters and fast runners, so we should do real well," she said.

Scholarships to be awarded

By Jeff Fraser

For the first time in Conestoga College's history, an athletic scholarship worth \$600 will be awarded to a member from each of the six varsity teams.

The scholarships are targeted to help athletes by deferring some of the payments they incur, said Dan Young, the supervisor of athletics for the college. The time consuming demand of both school work and dedication to a varsity team often prevents the possibility of a part-time job.

To be eligible for a scholarship, the person must be a full-time student, maintain a passing standing in all registered courses, and be a high-calibre athlete making a considerable contribution to the team, he said.

Currently students are being screened to determine who best qualify for the honors.

Once the athletes have been selected, the scholarships will be paid in two installments — mid-October and, provided all courses from the previous semester were passed, in January.

"We feel the program will enhance our ability to recruit high-calibre athletes which will in turn make our teams more competitive," he said. And with increased competitiveness comes outside media coverage and an enhanced image of the college.

Conestoga is one of the last colleges in the province to offer scholarships to the athletes, he said, mainly due to some previous money-raising problems.

Money for the scholarships has come from two sources, Young said — donations from outside individuals and from fund-raising over the years.

Sales from advertisements in the athletic calendar resulted in some money for the scholarship fund. Also, an off-campus event, the

Alumni Homecoming Pub, helped make the opportunity possible.

The event sold tickets to the campus and invited some alumni. The pub is scheduled to run again on Jan. 19, 1991.

The awarding of the scholarships was approved two years ago by a committee made up of the registrar, the manager of recreation services and student life, Bob Neath; the athletics officer, Barb McCauley; varsity coaches; two student representatives and Young. Since then, time has been spent refining the program to the

present form.

The scholarships are to be an ongoing program, Young said. If successful, the majority of athletes can hopefully get on scholarships.

The college has tried carefully to avoid any problems similar to those of American college scholarships, in which athletes receive money but end up not graduating.

Outside references of potential scholarship receivers are examined and high marks must be maintained in courses, said Young. The goal is for the person to be a student first and an athlete second.

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